



23.03.2019, 10.00 - 14.00
Hall in Tirol, Austria

EUREGIO-EFH WORKSHOP

Socio-Economic Impact of Obesity and Healthy Ageing



Das EUREGIO-EFH project

The EUREGIO-EFH (Environment, Food & Health) focusses on challenges related to the increasing obesity of the population and healthy ageing in all the EUREGIO provinces. The project proposes a multidisciplinary approach, drawing on scientific expertise in different disciplines including environmental science, public health, psychology of risk perception, dairy and food science and technology, nutrition and metabolomics. Nine partners from Tyrol, South Tyrol and Trentino are jointly working on the "one health" concept based on interrelations between environment, food and health.

Visit us at <http://euregio-efh.eu/>

Aim of the workshop

This EUREGIO-EFH workshop aims to foster translation of scientific research of the field of healthy lifestyle and aging to support health care providers, decision makers and other people and institutions involved in health care. Invited international speakers will reflect on the socioeconomic impact of overweight and obesity with a regional focus on the EUREGIO region. Experiences of prevention strategies and recent insights on the role of diet will be discussed. Participants will find an environment to connect and exchange with researchers, to learn about EUREGIO-EFH projects and to discuss own experiences and challenges.



Workshop agenda

Saturday 23.03.2019

10.00 - 10.15	Welcome and introduction
10.15 - 10.55	Overweight and obesity in Bolzano province
10.55 - 11.20	Coffee break
11.20 - 12.00	Prevention strategies for obesity and diabetes: health-economic perspective
12.00 - 12.40	Ageing and age-related disease: the role of diet
12.40 - 13.10	Panel discussion
13.10 - 14.00	Light lunch and networking

Target population

Health care providers, health insurances/sickness funds, healthcare & health policy organizations, interested audience.

Language

The workshop will be held in English. Translation to German or Italian will be provided upon prior request.

Overweight and obesity in Bolzano province

Mirko Bonetti, MSc

Eating habits have an important role on population health. The data show a prevalence of overweight/obese people equal to 40% for the region of Tyrol, 33% for the province of Bolzano and 35% for the province of Trento. The present work aims to analyze, all the factors that characterize overweight and obese people, their possible correlation and a comparison, where possible with the respective national reference values.

Prevention strategies for obesity and diabetes: health-economic perspective

Dr. Michael Laxy, PhD, MSc, MPH

Effectiveness and cost-effectiveness of different prevention strategies for obesity and diabetes will be presented including the implications of behavioral and preventive measures. A discussion on the tension between effectiveness, economic efficiency, population impact, feasibility and political feasibility of interventions for obesity and diabetes prevention will be provided based on national and international examples.

Ageing and age-related diseases: the role of diet

Giuseppe Pasolini, MD

Epidemiology shows us a prolongation of life expectancy, which however does not correspond to a quality of life due to various chronic diseases related to aging. Different nutrients, food and life style have been shown to benefit aging. Currently, the only model of diet that really seems to have a positive impact on aging is the Mediterranean style.

The speakers



Mirko Bonetti, MSc

Health Observatory, Bolzano Province, Italy

Statistician, expert in epidemiological monitoring and management of the provincial health information system



Dr. Michael Laxy, PhD, MSc, MPH

Institute of health economics and health care management, Helmholtz Zentrum München, Germany

Expert in prevention of obesity and diabetes, health economics, epidemiology



Giuseppe Pasolini, MD

Trentino health service provider, Santa Chiara Hospital, Trento, Italy

Medical director, expert in geriatrics, aged-related diseases and impact of nutrition on health

Organizing committee

Ass.-Prof. Beate Jahn, Prof. Bernhard Streicher, Prof. Uwe Siebert, MSc, Moritz Bielefeld, Veronika Jenewein (UMIT – University for Health Sciences, Medical Informatics and Technology) Dr. Kieran Tuohy, Dr. Lisa Rizzetto (FEM - Fondazione Edmund Mach)



Azienda Provinciale
per i Servizi Sanitari
Provincia Autonoma di Trento



PROVINCIA AUTONOMA DI TRENTO



UNIVERSITÀ
DI TRENTO



Contact & location

UMIT – University for Health Sciences, Medical Informatics and Technology

Eduard-Wallnöfer-Zentrum 1
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Registration for the workshop is free of charge.
Participants are required to register via email
(veronika.jenewein@umat.at).

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European Region Tyrol-South Tyrol-Trentino.